**Aztec Food Reading Questions**

Read the web page below and answer the following questions:

<https://www.historyskills.com/classroom/year-8/aztec-food/>

1. How did Mesoamerica's geography influence the Aztec diet?
2. What was the purpose of the "chinampas" in Aztec agriculture?
3. Name three types of food that were sourced from the lakes in the Aztec Empire.
4. How did trade influence the Aztec diet?
5. Why was maize considered important in Aztec cuisine?
6. What is nixtamalization, and why was it significant in the Aztec diet?
7. Name three vegetables that were commonly used in the Aztec diet alongside maize.
8. How did the Aztecs obtain protein in their diet?
9. What were some of the cooking techniques employed by the Aztecs?
10. How often did the Aztecs eat, and what did their meals typically consist of?
11. What was the significance of pulque in Aztec society?
12. How was maize related to Aztec mythology and religion?
13. What role did chocolate play in Aztec society?

**Paragraph Writing**

Based upon what you learnt in your reading, answer the following question in paragraph format (Topic Sentence, Explanation, Evidence, Concluding Sentence):

*How did the Aztec civilization's geographical location and natural resources influence their diet and culinary practices?*