**Internet Research Worksheet**

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| --- | --- |
| Topic under investigation: | Food in the Middle Ages |

1. Who was involved?

|  |  |
| --- | --- |
| **Individual’s or group’s name:** | **Short description of this person or group:** |
| Feudalism |  |
| Nobility and Royalty |  |
| Peasantry and Serfs |  |
|  |  |

1. What were the main events and when did they occur?

|  |  |  |
| --- | --- | --- |
| **Date:** | **Title of event:** | **Short description of this event:** |
|  | Medieval Period |  |
|  |  |  |
|  |  |  |
|  |  |  |

1. Where were the important locations?

|  |  |
| --- | --- |
| **Name of city, country or location:** | **Short description of this location:** |
| Northern Europe |  |
| Mediterranean regions |  |
| British Isles |  |
|  |  |

1. What new words or phrases do you need to understand?

|  |  |
| --- | --- |
| **Word or phrase:** | **Short description of this word or phrase:** |
| Lutefisk |  |
| Garum |  |
| Sotelties |  |
| Cockentrice |  |
| Verjuice |  |
| Grains of Paradise |  |
| Blancmange |  |
| Humoral theory |  |
| Theriac |  |
| Doctrine of Signatures |  |
| Hippocras |  |
| Forme of Cury |  |

**Paragraph Writing**

Based upon what you learnt in your research, answer the following question in paragraph format (Topic Sentence, Explanation, Evidence, Concluding Sentence):

*What was the role of food in reflecting the social hierarchy and cultural practices of the Middle Ages?*